

The Crusades 2006 Menu Choices as at February 2006.

Please offer your feedback as these are not set in stone.
It is an indication of what we will be offering as part of the \$80 event fee.

Saturday and Sunday night; 7 Course FEASTS.

Please choose 2 of the 3 menus below.

Your comments and questions are welcome.

1. Saxon / English

Course	MeatLovers	Vegetarian
1	Root Vegetable soup	Root Vegetable soup
2	Bread, cheese, butter	Bread, cheese, butter
3	Roast small birds (chicken wings)	Carrots with herbs and spices
4	Boiled eggs	Boiled eggs
5	Salt pork (yes it is period)	Forest Mushroom stew with 4 different mushrooms
6	Roast lamb (or Beef) with a sauce	Nuts and Sultanas (no peanuts or cashews)
7	Stewed apples and custard or apple pie	Stewed apples and custard or apple pie

2. Greek / Mediterranean

Course	MeatLovers	Vegetarian
1	Egg and Lemon soup	Egg and Lemon soup
2	Olives and dolmadis	Olives and dolmadis
3	Chicken dish	Pita Bread with hommos and butter
4	Salat (green salad)	Salat (green salad)
5	Lamb and yoghurt kebabs	Tzajiki (cucumber in yoghurt)
6	Beef sausages	Beans with herbs/ spice
7	Baklava with rosewater syrup	Baklava with rosewater syrup

3. Spain and the Holy land

Course	MeatLovers	Vegetarian
1	? Soup	? Soup
2	Beans with herbs/ spice	Beans with herbs/ spice
3	Meat balls lamb	Baba ganoosh (eggplant dip)
4	Carrot, leek	Carrot, leek
5	Pork in honey and vinegar	Eggs
6	Chicken in almond milk broth (drum stick)	Lebanese bread , hommos , dried apricots , almonds
7	Dates stuffed with almonds and honey	Dates stuffed with almonds and honey

Other Meals:

Breakfast each day (modern and hearty)

Eggs, bacon, bread, cereals, fruit, porridge and beverages

Lunch each day (will be served in Crusades theme)

Meats: Include kebabs, sausages, meat patties, sliced hot and cold meats.

Salads: Eastern and Mediterranean Salads with onion, lettuce, grated cheeses, beetroot, carrots, sultanas & Currants, tabouli etc

Sides and Extras: Bread – (Lebanese &/or Cobs), Beverages (Cordials) and a selection of staple fruits (apples, oranges pears)

Friday dinner

The Friday evening meal will be a period meal but will not be a 7 course feast. We anticipate offering a 3 course meal with generous portions.

Call for suggestions:

1. If anyone has an idea for a soup for one of the feasts, please let me know, a vegetable soup would be preferred.
2. Also a Greek chicken dish would be most helpful too. (Otherwise we'll just let them loose and let everyone catch their own).